🐾 A SUPURR GUIDE FROM KJ · YOUR KITTY CORRESPONDENT

🐾 Feeding Your Cat Like a SuPURRhero

Tips from BC Henschen, Pet Nutrition Specialist — PurrCon 2025 Panel

1. Real meat + moisture matter most. Cats are natural carnivores. Choose foods where meat is the first ingredient and keep meals moist — wet food or a splash of water helps kidneys, digestion, and overall health.

2. Read labels, not marketing. Skip the buzzwords like “premium” or “grain-free.” Check that the food meets AAFCO nutritional standards and that real animal protein is listed first.

3. Portion control beats bag charts. The feeding guides on the bag are only rough estimates. Watch your cat’s shape — you should feel ribs but not see them — and adjust amounts every few weeks.

4. Change foods slowly. Mix old and new food for 7–10 days to prevent upset stomachs.

5. Use supplements wisely. Omega-3s can support skin and joints, probiotics can help digestion — but always talk with your veterinarian before adding any supplement or making major diet changes.

6. Common mistakes to avoid:
• Leaving dry food out all day

- Switching brands overnight
- Assuming “grain-free” = healthy
- Ignoring slow weight gain

🌟 KJ’s SuPURR Tip

Ask your vet about your cat’s ideal daily calories — whether for weight loss, gain, or maintenance.

Keep a baby scale at home and weigh your cat once a month (twice a month for seniors).

Small changes in weight can signal big things early — and early is always easier to fix.

💜 Want more trusted cat care tips and real-life community support?

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👉 https://supurrsociety.com

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